

Traveling to Japan in the New Normal

How to enjoy traveling
while avoiding
transmission risks



Don't forget to check
the safety protocols
for the destination
you plan to visit.



Wear a face mask
to protect yourself
and people around you.



Refrain from talking
while riding public
transport.



Throughout your travels,
always remember to
wash your hands.



Skip crowded places,
and return later to enjoy
without crowds.



Smile and nod rather
than shaking hands.



Savour your meal, and
converse in moderation
when dining near others



Practice social distancing
for your own peace of mind.



Give yourself a boost with
fresh air from outside.



Be a smart traveler.
Begin the day with a
health check.



Select your souvenirs
with your eyes,
not your hands.

Your consideration will help make traveling safer and more enjoyable for all

Produced by the Travel Liaison Association
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Translated by the Japan National Tourism Organization

New Normal Basics for When Traveling in Japan

- Be a smart traveler. Begin the day with a health check.
- Don't forget to check the safety protocols for the destination you plan to visit.
- Plan a light, flexible schedule.
- Practice social distancing around other guests.
- Smile and nod rather than shaking hands.
- Skip crowded places, and return later to enjoy without crowds.
- Wear a face mask to protect yourself and people around you.
- Go outdoors and fully enjoy the natural beauty of Japan.
- Avoid tight, crowded venues or spots at night to enjoy a safe evening.
- Give yourself a boost with fresh air from outside.
- Throughout your travels, always remember to wash your hands.
- Don't feel rushed or pressured. Your destination will still be there waiting for you when you're ready to visit.
- Follow the guidelines and help ensure safe travel for everyone.

Transportation

- Grab your mask and let's go.
- Refrain from talking while riding public transport.
- Choose an off-peak period/time for a more comfortable ride.
- Walk or ride a bike, and discover the destination from a new perspective.

Accommodations

- Observe the new travel etiquette. Wear your mask.
- Save your conversation for when you're in your room.
- Relax in public baths, but do so quietly.
- Open the guest room windows now and then to let in fresh air.
- Practice social distancing around other guests.
- Always wash or disinfect your hands after touching door handles and elevator buttons.
- Use hand washing and disinfecting practices for a safe and comfortable stay.

Shopping

- Enjoy shopping during off-peak times.
- Select your souvenirs with your eyes, not your hands.
- Keep some space between you and others at the cashier.
- Digital payments are welcome even for small amounts.

Dining

- Enjoy outdoor dining. It's fun and safe.
- Let your server divide up portions as an extra precaution.
- See the food in a new light when you sit side-by-side.
- Savour your meal, and converse in moderation when dining near others.
- Pour your own drinks and enjoy at your own pace.

Tourist Facilities

- Be a safe traveler. Choose an off-peak time/period.
- Skip the queue. Make a reservation first and enjoy your visit.
- Don't stay long in closed, crowded spaces.
- Take advantage of online tickets and cashless payments.
- Don't forget to bring your mask. It's your ticket to safety and comfort.
- Reduce talking, maximize hand washing.

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